10am: Way of the Warrior. 57 min. Discusses the experiences of Native-American veterans who served in World War I, World War II, the Korean War, and the Vietnam War.

11am: Facing the Storm. 57 minutes. From the first North Americans who relied on bison for food, shelter and clothing for at least 10,000 years, to modern wildlife conservationists - descendants of those first North Americans among them - Facing the Storm introduces viewers to a rich history of human sustenance, exploitation, conservation, and spiritual relations with the ultimate icon of wild America.

12pm: Good Meat 57 min. Once a star athlete, Beau LeBeau's (Oglala Lakota) unhealthy weight has triggered the onset of Type II Diabetes. His mother's untimely death motivates him to drop the excessive pounds. Enlisting the help of a physician and a nutritionist, he starts exercising and begins a traditional Lakota diet of buffalo meat and other Native foods.

1pm: Seasoned with Spirit: Cuisine of the Desert Southwest. 27 minutes. Native foods in their traditional form are an exciting way of expressing this beautiful and rugged region of the country. During a visit with the Tohono O'odham Tribe of Arizona, Loretta joins the tribe for their annual 3-day harvest of Saguaros Cactus fruit. Mildred Manuel teaches Loretta to prepare Wild Spinach with Cholla Buds and Chiltepine Peppers, Tapary Beans with Ribs, Ash Bread (slow-cooked in the ashes of a mesquite fire), and sweet, refreshing Mesquite Juice.

1:30pm Bad Sugar 29 minutes. The Pima and Tohono O'odham Indians of southern Arizona have arguably the highest rates of Type 2 diabetes in the world. A century ago, the disease was virtually unknown here, but the subsequent diversion of river water destroyed farms and traditional ways, plunging local tribes into poverty and dependence. In 2004 the Pima finally won back their water rights and are beginning to farm again. Community leaders are cautiously optimistic that community empowerment and sustainable and culturally appropriate development can restore prosperity, hope, and health.

2pm: March Point. 57 minutes. March Point is the story of three boys awakening to the destruction two oil refineries have brought in their communities. Ambivalent environmental ambassadors at the onset, the boys grapple with their investigative video assignment through humor, sarcasm, and a candid self-knowledge. But as the filmmaking evolves, they begin to experience the need to understand and tell their stories, and the power of the process to change their lives.

3pm: Canes of Power. 52 min. This is the story of President Lincoln's gift of engraved canes to each of New Mexico's 19 Pueblo nations, forever symbolizing the recognition of their tribal sovereignty.

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